

# CONVERSATION COMPANION

Conversation Starters For Children And Parents  
By Jean Becker

## CONVERSATION COMPANION

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[www.jeanbeckerspeaks.com](http://www.jeanbeckerspeaks.com) and contact her via e-mail,

[jeanbecker@jeanbeckerspeaks.com](mailto:jeanbecker@jeanbeckerspeaks.com), so she can include it in her

bibliography. If the CONVERSATION COMPANION is reprinted, send two hard copies of the magazine, newsletter or newspaper to Jean Becker.

Address: Jean Becker

11915 Clubhouse Drive

Bradenton, Florida 34202

## INTRODUCTION

Sometimes it seems that the hardest part of any task or project is getting started. And when it comes to expressing oneself, sometimes the hardest way is verbally. One of the techniques people use to compensate for this is to hide behind the written word as if it was a mask. Children often talk to a pet or teddy bear, or even a baby sister who doesn't know what they are saying anyway.

Writing what you want to say is another way of having a conversation to express what's on your mind. Whether it's happy or sad, or contrite, it's easier to write it than to say it "out loud."

But how do you begin? Ask yourself, what are you feeling? What are you wondering about? What are you hoping for? Are you trying to ask permission to go somewhere? Are you anxious about your future? Do you want to admit to breaking a rule? Do you have an embarrassing question? Are you just plain lonely? Do you just want to say thank-you?

Choose one of the conversation starters in this booklet, or make up one of your own, and just write whatever you want to say on the message page. You don't need to be concerned with spelling or punctuation. Just express yourself.

Then place the book in a predetermined place out in the open and not hidden in your room. Your parent or guardian will see it there, and they will be able to read what's on your mind and write a reply. It will be another way of having a conversation for just the two of you.

If you like this kind of conversation, and you run out of pages, you can print more of them or use any type of notebook or journal.

Please visit [www.jeanbeckerspeaks.com](http://www.jeanbeckerspeaks.com)  
You are invited to send comments to [jean@jeanbeckerspeaks.com](mailto:jean@jeanbeckerspeaks.com)

CONVERSATION STARTERS FOR CHILDREN AND PARENTS

(Just pick one or more or make up one of your own.)

I feel \_\_\_\_\_

I wish \_\_\_\_\_

I wonder if \_\_\_\_\_

I hope \_\_\_\_\_

I need \_\_\_\_\_

I like \_\_\_\_\_

I appreciate \_\_\_\_\_

Did you see what \_\_\_\_\_

Did you know why \_\_\_\_\_

Do you understand \_\_\_\_\_

Do you care that \_\_\_\_\_

Do you know that \_\_\_\_\_

Do you think I could be \_\_\_\_\_

Do you think I could go \_\_\_\_\_

Do you think you could teach me to \_\_\_\_\_

Would you please explain \_\_\_\_\_

When can I \_\_\_\_\_

I forgot to tell you that \_\_\_\_\_

What should I do about \_\_\_\_\_

I am so sorry \_\_\_\_\_

Thank you for \_\_\_\_\_





